

## Score Table ( Norms )

<b>Female Scores</b>						
Age Group		Unit	Right Hand		Left Hand	
From	To		From	To	From	To
6	7	lb	20	39	16	36
8	9	lb	18	55	16	49
10	11	lb	37	82	32	59
12	13	lb	39	79	25	76
14	15	lb	30	93	26	73
16	17	lb	23	126	23	87
18	19	lb	46	90	41	86
20	24	lb	46	95	33	88
25	29	lb	48	97	48	97
30	34	lb	46	137	36	115
35	39	lb	50	99	49	91
40	44	lb	38	103	35	94
45	49	lb	39	100	37	83
50	54	lb	38	87	35	76
55	59	lb	33	86	31	76
60	64	lb	37	77	29	66
65	69	lb	35	74	29	63
70	74	lb	33	78	23	67
75 +		lb	25	65	24	61
All Subjects		lb	25	137	23	115

<b>Male Scores</b>						
Age Group		Unit	Right Hand		Left Hand	
From	To		From	To	From	To
6	7	lb	21	42	18	38
8	9	lb	27	61	19	63
10	11	lb	35	79	26	73
12	13	lb	33	98	22	107
14	15	lb	49	108	41	94
16	17	lb	64	149	41	123
18	19	lb	64	172	54	149
20	24	lb	91	167	71	150
25	29	lb	78	158	77	139
30	34	lb	70	170	64	145
35	39	lb	76	176	73	157
40	44	lb	84	165	73	157
45	49	lb	65	155	58	160
50	54	lb	79	151	70	143
55	59	lb	59	154	43	128
60	64	lb	51	137	27	116
65	69	lb	56	131	43	117
70	74	lb	32	108	32	93
75 +		lb	40	135	31	119
All Subjects		lb	32	176	27	160

<b>Female Scores</b>						
Age Group		Unit	Right Hand		Left Hand	
From	To		From	To	From	To
6	7	kg	9.07	17.69	7.26	16.33
8	9	kg	8.16	24.95	7.26	22.23
10	11	kg	16.78	37.19	14.51	26.76
12	13	kg	17.69	35.83	11.34	34.47
14	15	kg	13.61	42.18	11.79	33.11
16	17	kg	10.43	57.15	10.43	39.46
18	19	kg	20.87	40.82	18.60	39.01
20	24	kg	20.87	43.09	14.97	39.92
25	29	kg	21.77	44.00	21.77	44.00
30	34	kg	20.87	62.14	16.33	52.16
35	39	kg	22.68	44.91	22.23	41.28
40	44	kg	17.24	46.72	15.88	42.64
45	49	kg	17.69	45.36	16.78	37.65
50	54	kg	17.24	39.46	15.88	34.47
55	59	kg	14.97	39.01	14.06	34.47
60	64	kg	16.78	34.93	13.15	29.94
65	69	kg	15.88	33.57	13.15	28.58
70	74	kg	14.97	35.38	10.43	30.39
75 +		kg	11.34	29.48	10.89	27.67
<b>All Subjects</b>		<b>kg</b>	<b>11.34</b>	<b>62.14</b>	<b>10.43</b>	<b>52.16</b>

<b>Male Scores</b>						
Age Group		Unit	Right Hand		Left Hand	
From	To		From	To	From	To
6	7	kg	9.53	19.05	8.16	17.24
8	9	kg	12.25	27.67	8.62	28.58
10	11	kg	15.88	35.83	11.79	33.11
12	13	kg	14.97	44.45	9.98	48.53
14	15	kg	22.23	48.99	18.60	42.64
16	17	kg	29.03	67.59	18.60	55.79
18	19	kg	29.03	78.02	24.49	67.59
20	24	kg	41.28	75.75	32.21	68.04
25	29	kg	35.38	71.67	34.93	63.05
30	34	kg	31.75	77.11	29.03	65.77
35	39	kg	34.47	79.83	33.11	71.21
40	44	kg	38.10	74.84	33.11	71.21
45	49	kg	29.48	70.31	26.31	72.57
50	54	kg	35.83	68.49	31.75	64.86
55	59	kg	26.76	69.85	19.50	58.06
60	64	kg	23.13	62.14	12.25	52.62
65	69	kg	25.40	59.42	19.50	53.07
70	74	kg	14.51	48.99	14.51	42.18
75 +		kg	18.14	61.23	14.06	53.98
<b>All Subjects</b>		<b>kg</b>	<b>14.51</b>	<b>79.83</b>	<b>12.25</b>	<b>72.57</b>

◆ Mathiowetz V, Federman S, Wiemer D : "Grip and Pinch Strength : Norms for 6 to 19 Year Olds."  
*The American Journal of Occupational Therapy* 1986 ; 40 : 705 - 11.